

03/06/23 2023 North West Equipped Powerlifting Championships

Equipped Powerlifting	Name	Team	Div	Bwt - kg	IPF Wt Cls	Birth Year	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	Pl/Div/Cls/Event	Place	IPF GL Points	Qual for SA Equipped
Sunjuniors	Talitha de Wet	GAU	F-SJ	65,40	69	2008	100,0	110,0	115,0	40,0	45,0	47,5	100,0	115,0	122,5	285,0	1/F-SJ/69/PL	1	50,40	Q
	Stephene Loubser	EC	F-SJ	69,90	76	2007	80,0	0,0		42,5	47,5	50,0	110,0	120,0	-122,5	250,0	1/F-SJ/76/PL	1	42,69	Q
Open	Peloe Kole	NW	F-O	84,75	84+	1983	100,0	110,0	130,0	40,0	50,0	60,0	110,0	150,0	175,0	365,0	1/F-O/84+/PL	1	57,20	Q
Subjuniors	Pilasande Faku	NW	M-SJR	65,95	66	2006	100,0	105,0	115,0	60,0	70,0	-75,0	-160,0	-160,0	160,0	345,0	1/M-SJR/66/PL	1	46,24	Q
	Alex Collocott	GAU	M-SJR	73,25	74	2008	25,0	50,0	55,0	75,0	80,0	90,0	65,0	75,0	85,0	230,0	1/M-SJR/74/PL	1	28,69	Q
	Tshepiso Masiza	NW	M-SJR	74,45	83	2005	160,0	180,0	195,0	100,0	110,0	-115,0	190,0	200,0	210,0	515,0	1/M-SJR/83/PL	1	63,57	Q
	Christopher Williams	GAU	M-SJR	80,75	83	2007	140,0	150,0	160,0	100,0	105,0	-110,0	180,0	190,0	200,0	465,0	2/M-SJR/83/PL	2	54,58	Q
Junior	Ryno du Plessis	NW	M-JR	104,00	105	2001	160,0	170,0	180,0	100,0	110,0	120,0	160,0	170,0	200,0	500,0	1/M-JR/105/PL	1	51,33	Q
Open	Lethonolo Malope	NW	M-O	64,45	66	1990	100,0	110,0	120,0	40,0	55,0	-70,0	110,0	125,0	140,0	315,0	1/M-O/66/PL	1	42,92	
	Marcel Vorster	GAU	M-O	69,40	74	1994	200,0	215,0	0,0	120,0	127,5	132,5	180,0	200,0	0,0	547,5	1/M-O/74/PL	1	70,81	Q
	Derik van Wyk	GAU	M-O	103,80	105	1986	220,0	0,0		190,0	0,0		200,0	0,0		610,0	1/M-O/105/PL	1	62,68	Q
Master 1	Madikane Faku	NW	M-M1	116,80	120	1975	200,0	225,0	230,0	75,0	85,0	90,0	225,0	250,0	270,0	590,0	1/M-M1/120/PL	1	57,63	Q
Master 3	Christo Schoonraad	GAU	M-M3	102,45	105	1963	230,0	-250,0	0,0	150,0	160,0	-180,0	220,0	240,0	250,0	640,0	1/M-M3/105/PL	1	66,16	Q
Master 4	Dan Oppenheim	GAU	M-M4	73,85	74	1945	120,0	130,0	140,0	75,0	80,0	85,0	130,0	150,0	165,0	390,0	1/M-M4/74/PL	1	48,40	Q